

# September 2020 Cumberland County Middle & High School

## BREAKFAST

**WG Pop Tarts, WG Donuts and a variety of WG Cereals are offered daily as a choice for students. Little Panthers and Head Start students only receive the regular menu items and their milk is 1% white only.**

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### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

**1**

WG Muffin  
Yogurt  
Fruit  
100% Fruit Juice  
1% Variety Milk

**2**

WG Breakfast Pizza  
Fruit  
100% Fruit Juice  
1% Variety Milk

**3**

Biscuit  
Sausage  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**4**

Biscuit  
Gravy  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**7**

**Labor Day**  
**NO SCHOOL**

**8**

WG Muffin  
Yogurt  
Fruit  
100% Fruit Juice  
1% Variety Milk

**9**

WG French Toast  
Bacon  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Syrup

**10**

Biscuit  
Sausage  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**11**

Biscuit  
Gravy  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**14**

Biscuit  
WG Chicken  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**15**

WG Muffin  
Yogurt  
Fruit  
100% Fruit Juice  
1% Variety Milk

**16**

WG Breakfast Pizza  
Fruit  
100% Fruit Juice  
1% Variety Milk

**17**

Biscuit  
Sausage  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**18**

Biscuit  
Gravy  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**21**

Biscuit  
WG Chicken  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**22**

WG Muffin  
Yogurt  
Fruit  
100% Fruit Juice  
1% Variety Milk

**23**

WG French Toast  
Bacon  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Syrup

**24**

Biscuit  
Sausage  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**25**

Biscuit  
Gravy  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**28**

Biscuit  
WG Chicken  
Fruit  
100% Fruit Juice  
1% Variety Milk  
Jelly

**29**

WG Muffin  
Yogurt  
Fruit  
100% Fruit Juice  
1% Variety Milk

**30**

WG Breakfast Pizza  
Fruit  
100% Fruit Juice  
1% Variety Milk

