

**Cumberland County Schools**  
**LEA Submission of Findings and Recommendations**  
**February 4, 2022**

**Area of Assessment: Nutrition**

Findings:

Regulations were met in Weekly Nutrient Statistics.

Weekly Component Regulations were met.

Regulations in Weekly Subgroups of Vegetable Components were met.

Whole Grain Requirements were met.

Milk Requirements were met.

Recommendations:

Continue to meet all the requirements of providing nutritional meals to children and encourage participation in school meal program.

**Area of Assessment: Physical Activity/Physical Education**

Findings:

Physical Activity Requirements were met at all schools.

School facilities are accessible to the community for physical activity.

Children have access to water throughout the school day through water fountains and water bottle filling stations.

Recommendations:

Continue to meet all physical activity requirements at all schools. Promote healthy living and physical activity among our students and staff by working with our community partners such as the Extension Office and local Health Department.